Reaching for Excellence in Interpreting: Suggestions from Studies of Chess Masters, Musicians, Athletes, and Doctors

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Basic Conceptions of Techne, Craft and Expertise

Knowledge about a specific field, such as shipbuilding Produces something useful—a ship or shoes Production is reliable

It can be certified by earlier successful products, such as ships or shoes

It can be taught





(some time 900 BC to 700BC)

Who can evaluate today's performance of experts?

Other experts?

The experts themselves?

Self-Assessments on Relative PerformanceHow would you rate your own performance?bottom 10%below averageaverageaverageabove averagetop 10%

top 25%

Professors (94% above average)

Drivers (**80%** above average)

Doctors

(Davies et al., 2006)

Outline of My Presentation

- I. Toward the measurement of *objective performance*
- II. Are some types of activities *more effective* in causing improvement?
- III. *Capturing* expert performance
- IV. Mechanisms, skills, and their acquisition through *deliberate practice*
 - V. Possible suggestions for *supporting professional interpreters' development*

Measuring Objective PerformanceThe Same LanesSame startSame finishing

line

(From Miller, 2004, Ancient Greek Athletics)

Ballet auditions and tournaments

Story by Erica Orden eo88@columbia.edu

Experts Are Not Always Worth their Price

The most respected experts' advice for selecting stock on New York Stock Exchange

Professional forecasters are not reliably more accurate than college students (Tetlock, 2005)

Superior Performance

Chess

superior ability to win chess games in tournaments

Surgery

superior ability to increase patients' long-term health

Teaching

superior ability to increase students' performance (post - pre) Minimal Effects of Traditional Indicators of Expertise

Long education Extended experience as a professional Teaching

Medicine

Objective Perceptual Performance on Cardiac Auscultation as a Function of Years of Experience



Instruction and Experience

Reviews (Choudhry, Fletcher, & Soumerai, 2005; Ericsson, 2004; Ericsson, Whyte, & Ward, 2007)

Based on Butterworth & Reppert (1960)

Individual Differences in Attained Performance



Part II. Are some types of activities more effective in causing improvement? Can engagement in select activities explain some of the individual differences?

What would you do to get better in chess? (what makes you more effective in your job?) Different Activities that Might Lead to Larger Increases in Performance

CHESS

Active participation in chess tournaments

Playing chess games outside of chess tournaments

Serious analysis of positions alone

YOUR JOB

Engaging in challenging job activities

Engaging in typical activities in the domain (experience)

Solitary reflection and analysis of current and past projects

Chess Rating and Hours of Engagement (Charness, Krampe, & Mayr, 1996)



Active participation in chess tournaments

Serious analysis of positions alone

Playing chess games outside of chess tournaments **Accumulated Hours** and Chess rating No correlation Positive correlation Negative predictor

Practice Alone

International

National

Club

Number of Years Playing Chess

Part III. Capturing Expert Performance - Finding Representative Tasks for Essential Activities



Identify challenging and difficult situations, where experts are supposed to excel.

Capturing Expert Performance - Finding Representative Tasks for Essential Activities

Recreate the situation and task in laboratory



Actions and thoughts of novices and experts can be directly compared

Reconstructed Real-World TasksSelect moves in gamesManikin simulatingby chess masterslife threatening problem



Black's move

Diagnose and treat Post-op patients with with acute problem





Illustration of r=0.8



Cognitive Processes that Mediated the **Selection of a Chess Move**—Think Aloud

* Initial Orientation and Generation of Immediate Possibilities



Position B

Black on move



Cognitive Processes that Mediated the **Selection of a Chess Move**—Think Aloud

- * Initial Orientation and Generation of Immediate Possibilities
- * Exploration of Possibilities
- * Systematic Investigation
- * Final Evaluation



Position B

Black on move



Selecting the Best Move

Your best move in a game

Your best without time limit

Move by a better player

Move by world champion

Move by computer

Simulated Play Against World Class Players Study published games by chess masters



Black's move

Select next move If selection not correct, study the position until understood

Making move in chess game





A month later

chess game









Memory for thought processes when reflecting on feedback

Exceptional Memory Abilities

Blindfold Chess





Alekhine beat most of the 30 skilled players while playing them simultaneously under blindfold conditions

Susan gave a white cat to Maria, who is the president of the club. white of is the Maria cat gave a Susan club the president the who.



General Cognitive Capacities and IQ



The Constructed Nature of Expert Performance

Acquiring Necessary Mental Representations



Deliberate Practice

Expert Performers are Better Able to Represent and Analyze Situations

(Kersting,	
et al.,	(Ward &
2010)	Williams,
	2003)

(Tuffiash, Roring, & Ericsson, 2007) Arm wrestling—A domain where hours of lectures might not by themselves create champions

Matthias Schlitte

Part IV. Mechanisms, Skills, and their Acquisition Through Deliberate Practice

Salchow

Increase in Complexity and Control as a Function of Years of Piano Training



Design and Sequencing of Training Activities



Amount of Deliberate practice

Professional teachers and coaches

1 2

Assess students' current performance Design training tasks for individual students











Accumulated Amount of Practice During the Development of Amateurs and Expert Musicians



Reaching Beyond One's Current Ability

Part V. Possible Suggestions for Supporting Professional Interpreters' Development

Finding Areas of Targeted Improvement

Adverse Events, Recovered Errors and Challenges



Recorded Video or Audio Tapes

Average Number of Adverse Events per Surgery

2001

(Oremakinde & Bernstein, 2014, p. 302)

From opportunities for experience to designed training

Training Surgical procedure & Tennis



Practicing Music Performance

Identify challenging and difficult parts

Libraries with Old Medical Cases *a gold standard for accuracy*

An archive with 234 radiographs with and without fractures and official case reports

A patient's characteristics and symptoms

Pusic, M., Pecaric, M., & Boutis, K. (2011). How much practice is enough? Using learning curves to assess the deliberate practice of radiograph interpretation. *Academic Medicine, 86,* 731-736.



Figure 3 in Pusic et al. (2011) How much practice is enough? Using learning curves to assess the deliberate practice of radiograph interpretation. *Academic Medicine*, 86.

The **Use of Libraries for Deliberate Practice** with Performers at Different Levels of Expertise

Allows exposure to difficult situations under conditions *optimal* for learning and performance

- Individuals being focused and ready
- Immediate perfectly accurate feedback (and opportunity for repetition)
- Presentation of related cases to facilitate discrimination



Kirkpatrick's four level model of evaluation

When One Mistake Is Your Last Action Mortal Combat between Fighter Pilots

(In Chatham, 2009, in Ericsson--Development of Professional Expertise)

Top-gun training for **only** Navy (USN) pilots

(In Chatham, 2009, in Ericsson— Development of Professional Expertise) Actual dog fights with instructors flying enemy aircrafts

(In Chatham, 2009, in Ericsson— Development of Professional Expertise)







Continued practice Continued search for feedback